

Welcome to July! Can you believe how fast this year is going? As we go into July the weather is still glorious, and hopefully has been glorious for our members who have been to Hampton Court Flower Show and Kew Gardens. Hopefully you have bought lots of photos back with you which we can show at one of our meetings, particularly when it's getting toward winter, so that we can refresh our memories of a golden summer. July is a busy month, schools will be finishing for the summer holidays and many will be on granny duties over the next few weeks. We will be holding our summer garden party this month and already the craft group have been getting ideas for items to make and sell to help raise funds. Thanks to Gill Brown for agreeing to host the garden party as it is one of our major fund raisers each year so hopefully, we will see lots of you there. We will also be having a stall, next month, at the Friends of Haigh Woodland Park, so lots of crafts needed there too. All too soon it will be time to use any gluts of fruit to make jams and jellies, let's hope that we get some night time showers to swell the fruit and help keep our flowers blooming. Take care ladies in the sunshine and continue to enjoy the weather.  
Hester

## Last Meeting



Last month's speaker, Dennis Moore, entertained and informed us on his subject of 'Laughter is the best medicine', particularly in coping with stress. His early career, he told us, was in teaching, both in senior school education and then in exchanging with a colleague, into the juniors, including at one stage with infants.

As he told us about this, he also gave us various anecdotes about the children. He had written down many of these during his career, and which now have extended to two books and some of these he shared with us.

His career then evolved into running a series of self help groups around the North West, about stress, it's causes and ways of relieving it, his main way

of course, being laughter, and the physical effect this has on the body, particularly the shaking and vibrating around the neck, shoulder and upper arms. (This brought to my mind the politician so mimicked by many imitators, Ted Heath). Dennis finished his talk by telling his favourite jokes, which he had collected over the years.

Bev Graham

## Next Meeting

Monday 13th August. 'Fur Clemp't'

Anne Fairhurst talks about donated and recycled food and how it is used in their cafes.

Competition; A short written dialect poem about food.

## A&H WI Fundraising Afternoon Tea

Thursday 26th July at Woodend Cottage 2 – 4pm £5 to include a cool drink on arrival

We are holding our annual Garden Party again at Gill Browns home. Hopefully the weather will be kind. Please support this event by both donating food items and by attending on the day. This year we are hoping to serve food to the tables, rather than as a buffet, to prevent the long queues. With this in mind does anyone have tiered cake stands that we can borrow for the event. Children, friends and family are welcome. There will be parking available, though somewhat chaotic – neighbours are very accommodating or park at Haigh Hall car park and stroll down the lane. There will be some assistance for those who can't manage the hill but this



must be arranged before the day.

Please support the Raffle and Bring and Buy stall, all donations are gratefully received.

## Over Hulton Afternoon Tea

It was a lovely sunny afternoon as we made our way to over Hulton for afternoon tea. Helen, Gill B, Pam and myself.

A lovely welcome awaited us. They had obviously worked very hard. The tables were set out beautifully decorated with white cloths, lovely flowers, very pretty, 3 tier cake stands filled with all sorts of lovely cakes and scones with cream and jam in pots and they even had serviettes matching the colour of the flowers. They had some unusual ways of making money, and of course the obligatory draw which seemed to go on forever but none of our table won anything!!

A very enjoyable way to spend a sunny afternoon.

Jean

## Lunch Club

The venue for June lunch was the Goose and Gander at Little



Scotland. A very pleasant venue situated between Haigh and Blackrod. We have been there in the past with differing owners and names; Suzanah's and Galaghers. We weren't disappointed the food was tasty and the staff willing and cheerful. Some members enjoyed a meal whilst others opted for a light snack. Everyone, with the exception of Gill Davies, had to try the sticky toffee pudding on Marie's recommendation and all agreed that she had guided us well. Meanwhile Gill enjoyed a coffee; the downside of food intolerance, the silver lining is her slim figure and flawless skin!

July rendezvous will be announced at the meeting.  
Gill

## Cinema Group

The next cinema viewing is to see Mama Mia – Here We Go Again, at the Vue cinema Middlebrook on 30th July. We always sit in the

back row so bring your dancing shoes we won't disturb anybody. We have already reserved tickets for those who paid last month but if you want to be included let us know at the meeting.  
Pat Dent

## Bowling for Fun



It has been brilliant playing bowls in this glorious weather. The newcomers to the game have benefited from the expertise of Mary and the more experienced players and we have now moved on to scoring. However whilst we all

now realize what we are supposed to be doing, our bowls don't always have the same agenda! For me the expression "all fingers and thumbs" has taken on a totally different meaning and in bowling terms

I'm still not sure what's what! Most of us have now got our own set of bowls, passed down from the family or picked up cheaply at a car boot sale,

We are very lucky to be able to play on the well maintained bowling green at Aspull and as well as enjoying learning the game it is an easy way of boosting the steps we walk in a day so we are both learning a new sport and exercising at the same time, not to mention the excellent company!  
Ruth

## Singing for Fun

Singing is very therapeutic which is immediately obvious by the laughter and pleasure we get from these bi-weekly meetings (the low alcohol wine doesn't have any influence what so ever!) and we are willing to attempt any type of song. As we are now approaching the summer holidays – cue more singing, with all the distractions of family duties, outings, trips and lazing in the garden we have decided to have a break until autumn.

Marie

## Art Group

The art group have met twice this month, and at least one person took advantage of the lovely flowers available in the church garden, we had a slight problem on our second meeting because the flowers on the bush being painted had all gone! Apart from that we have painted and drawn all sorts. Two people, I will



mention no names, but they know who they are, finished work started during our first two meetings! It is so lovely to see how much everyone is achieving these days. When we first started members were saying "I haven't painted since school" "My teacher didn't think much of me at school in art" and now we have beautiful work being done. Again, mentioning no names, one member is enjoying herself so much her coloured pencils went abroad with her and she spent some of the holiday on the beach



drawing the scenes around her. Well done! There is so much talent within our WI. One day soon we shall bring lots of our art to a Monday meeting so you can see just how well everyone is doing.  
Hester

## Craft Group



What could be nicer on a summer's day but to gather Elderflowers from the hedgerow to make our own cordial? A few of us met the day before to get the bulk of flowers, wandering along the canal bank picking a good bag of flowers each, being careful to shake off unwanted creepy crawlies and removing leaves and stalks. Thursday morning more flower heads were picked so everyone could join in the whole process. Washing the flowers isn't recommended as it's the pollen that produces most of the flavor and that would get lost down the plughole. Castor sugar was dissolved in boiling water to make a syrup to which was added 2 lemons (the juice was removed and added separately to get maximum flavor 2oz citric acid which is a preservative and all the flowers. This is then left for 24 hours (hence the two days picking). The liquid is double strained through a cheesecloth or sieve and stored in airtight bottles. Dilute to taste – water or gin and tonic or if you prefer a cocktail add to a glass of Prosecco garnished with mint or cucumber. The cordial will last for a couple of months in a cool place, I'm not so sure about the gin or Prosecco! We then made old fashioned cloudy lemonade; 1 lemon cut into pieces 1 litre cold water, castor sugar to taste (we used 2 dessertspoons). Put everything in a liquidizer and pulse for a



couple of minutes. Strain through a sieve into a jug, add ice cubes and serve chilled.  
July and August we are concentrating on making items to sell at Friends of Haigh event in September.

Everyone welcome as are suggestions.  
Gill

## Knitting Together

The weather has been lovely and sunny again during June so that the group have been able to sit outside in the lovely garden enjoying a very relaxed and sociable afternoon of knitting and chatting, with tea and biscuits of course.  
From July the group is taking a break for the summer and will resume on 18th September. Thank you to everyone who supports the Knitting Together group.  
Gill Davies

## Trips and Outings

On Thursday 26th July there will be the Aspull and Haigh WI Annual Afternoon Tea hosted by Gill Brown.

The Cinema Group are going to see Mamma Mia on Monday 30th July. Please pay £3.99 at the July meeting if you would like us to book a ticket or you can book online. We always sit on the back row.

Tuesday 31st July is our Annual Garden Trip and this year we are going on a one day coach trip with Grayway to Trentham Gardens.

Wednesday 5th September we are arranging a 2 hour guided walking tour of Manchester. The cost is £8 payable at the August WI meeting and includes the Central library, the Midland, the Town Hall, St Ann Church, the Royal Exchange, Shambles Sq, Cheethams and Victoria Station. We will then go for lunch at the John Rylands cafe and have a look around that building at our leisure.

Thursday 11th October is a trip to the Whitworth Gallery and the Pankhurst House, with lunch.

Saturday 17th November we are organising a trip to Llandudno and their Christmas Fayre. The cost is £18.80 payable at the July meeting

Wednesday 5th December is our trip to Bents for some pre-Christmas retail therapy and lunch.

We are hoping to go on a one day Tyrers trip to the RHS Chatsworth Flower Show around 6th June 2019. The price will be approx £46 to £50 pay at the at the November meeting.

We are also planning a 4 day trip with Tyrers to the Edinburgh Tattoo in August 2019 which will cost around £350 per person. We will be taking deposits of £50 per person at the October WI meeting.

If you need further details about any of the trips just ask us!  
Hazel and Patxx

## NFWI News

BURSARIES info. available. Closing date: 16 July '18.  
ANNUAL RAFFLE Tickets available. Cl date 5 Oct '18.

## LFWI News

2019 WI DIARIES/CALENDARS: Cl. date 19 July 2018.

## Dates for your diary from LFWI

CENTENARY COOKERY BOOK 2020.  
See information at meetings. Cl. date 15 October '18.

Workshops:  
LINO PRINTING with Tilly Dagnall @ Leyland Office on Fri. 7 or Sat. 8 Sept. 10.00 – 3.30. Fee £20 + small Charge for materials. Cl. date: Thursday 2 August '18.

ROUND ROBIN TASTER DAY @ Leyland Offices on Thur. 11 October – Fri. 12 October or Sat. 13 October '18 @ 10am to 3.30pm. Cost £20 (plus £6 materials on day) Closing date: Thursday 6 September '18.

CHRISTMAS WILLOW WEAVING @ Leyland Offices on Friday 9th Nov '18 – 2D Christmas tree etc. and Sunday 18th November '18 – Reindeer. 10.00 – 3.30. Cost £20 plus £15 materials. Closing date 18 Oct '18.

Lunches:  
'ROAD TO CHELSEA FLOWER SHOW' with Nick Bailey on Tuesday 16 October '18 @ Hallmark Hotel, Leyland Time: 12 for 12.30. Cost £26. Cl. date: 17 September '18

'LITERARY LUNCH' with Jo Baker on Thursday 22 Nov '18. @ Mytton Fold Hotel, Langho, Blackburn BB6 8AB. 12 for 12.30. Cost 25. Closing date: Thur. 18 October '18.

Walk  
WALKING TREASURE HUNT on Wed. 19 September '18 From Hark to Bounty Inn, Slaidburn. AM: 10.30 - PM 1.30 Cost £8 to include soup + roll or tea and cakes. Closing date Monday 20 August '18.

Outing  
NATIONAL MEMORIAL ARBORETUM on Wed. 17 Oct '18 Cost £18. Coaches to leave Leyland only @ 8.00. Closing date 13 September '18.

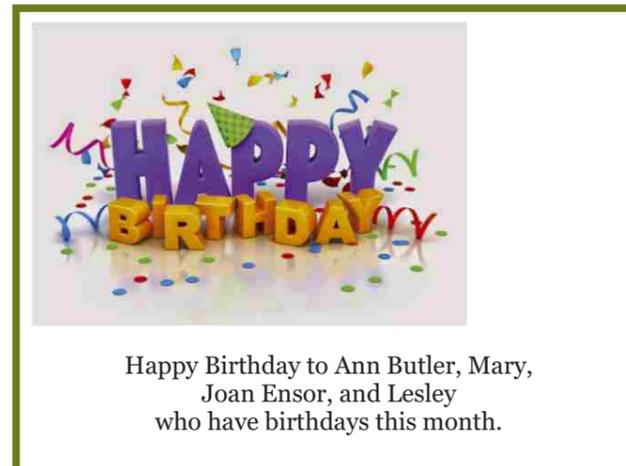
Public affairs:  
RAISING AWARENESS – Wills, Probate etc. @ Leyland Office on Wed. 24 October '18 - 6.30 – 8.30. Cost £4

## Local Dates for your diary

LADYBRIDGE WI:  
Ladybridge Community Centre (BL3 4RZ)  
Tea and Cakes Afternoon Friday 20 July @ 2.00-3.30. Cost £3

SUMMER CONCERT with Clayton-le-Woods Singers @ Balshaw's High School, Church Rd. Leyland PR25 3AH on Friday 20 July '18. @ 7.30pm. Cost £7.

Mikron travelling Theatre Group  
1st October at Leyland Hall  
"Revoluting Women" play by this very versatile group.



Newsletter content by WI Members,  
diary and dates by Helen Sloan  
Edited by Gill Brown  
All past newsletters are available on our website:  
[www.aspullandhaighwi.org.uk](http://www.aspullandhaighwi.org.uk)  
In addition there are excerpts and full length videos to watch of some past events.

# theWI

## INSPIRING WOMEN

Aspull & Haigh

# NEWS

## July 2018



[www.aspullandhaighwi.org.uk](http://www.aspullandhaighwi.org.uk)